***TRANSILVANIA* UNIVERSITY OF BRAŞOV**

# Second International Conference Analytical and Nanoanalytical Methods for Biomedical and Environmental Sciences

***IC-ANMBES 2012***

# BOOK OF ABSTRACTS

*Braşov, May 24th-27th, 2012*

*Editors:* *Monica Florescu*
*Mihaela Badea*
*Jean-Louis Marty*
*Valerică Raicu*

*Transilvania* University Press
*2012*

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# ***OF8***
# PLANT FOOD SUPPLEMENTS: LEVELS OF INTAKE, BENEFIT AND RISK ASSESSMENT

**Mihaela Badea[1], Marinella Trovato[2], Jenny Plumb[3], Paul Finglas[3], Elisabetta Sanzini[4], Patrizia Restani[5]**

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The PlantLIBRA (PLANT food supplements: Levels of Intake, Benefit and Risk Assessment) is an European Commission co-funded project within the Seventh Framework Programme's Theme 2 - Food, Agriculture and Fisheries, and Biotechnology and its funding scheme for Collaborative Projects for Specific Cooperation Actions Dedicated to International Cooperation (SICA).

PlantLIBRA aims to foster the safe use of food supplements containing plants or botanical preparations, in order to increase science-based decision-making by regulatory authorities. The project is working to develop, validate and disseminate data and methodologies for risk and benefit assessment of plant food supplements (PFS) and implement sustainable international cooperation, necessary to ensure the quality of botanicals imported in the EU.

The project consortium spans 4 continents and includes 25 partners in 15 countries, comprising representatives of leading academic and public research institutions, small- and medium-sized enterprises (SMEs), industry and non-profit organizations. The work plan of PlantLIBRA is organized in 11 work packages, coordinated by Prof. Patrizia Restani of the Università degli Studi di Milano and managed in cooperation with Hylobates Consulting Srl in Rome, Italy.

One of the main outputs of PlantLIBRA is a database, which will include information on composition and biological activity of compounds, safety information, data on residues and contaminants of plants used in PFS. It will address the needs of regulators and industry, who need to know more about plants used in supplements. The PlantLIBRA database system combines information on plant compounds, extracts, analytical methods, case-reports of adverse events, literature on benefits and risks, alerts produced by authorities, and potential contaminants, into a single platform to allow risk and benefit assessment. Additionally, within the PlantLIBRA project, selected methods will be evaluated and validated to provide new experimental data and consensus on the best methods for the determination of main classes of botanical bioactive compounds, contaminants, residues and biomarkers occurring in PFS which are useful for the identification of plant material and to evaluate exposure, physiological activity, adverse effects and/or misidentification of plants.

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